



Job title	Smoking Cessation Practitioner	Job family and level	Administrative, Professional and Managerial Level 3
School/ Department	Lifespan and Population Health	Location	Clinical Sciences Building Nottingham City Hospital

Purpose of role

You support the delivery of National Centre for Smoking Cessation and Training (NCSCT) standard smoking cessation support to participants of the YorQuit study. The YorQuit study is a multi-centre randomised controlled trial that seeks to test the acceptability and effectiveness of different approaches to providing stop smoking support provides stop smoking support to patients attending for lung health checks in Bradford, Hull and Leeds. Funded by Yorkshire Cancer Research, the study is led by Professor Rachael Murray from the University of Nottingham and Professor Matthew Callister from Leeds Teaching Hospital Trust.

You will provide high quality stop smoking support to participants in the study, and according to the study protocol. You will work closely with study participants to assess their readiness to quit and to develop personalised quit plans. You will provide support to study participants for as long as they require, for up to 12 weeks, over the telephone or video calls. You will be self-motivated and able to work using your own initiative. It is possible that these roles will be employed from geographically dispersed locations, though there will be regular (likely monthly) in-person team meetings scheduled in Nottingham.

To find out more about the School of Medicine, its values, vision, teaching and research, please see our [further information leaflet](#).

	Main responsibilities (Primary accountabilities and responsibilities expected to fulfil the role)	% time per year
1	<p>Smoking cessation service</p> <ul style="list-style-type: none"> ▪ Use knowledge and experience of smoking cessation to provide a high standard of evidence-based cessation support to smokers in accordance with the study protocol and NCSCT guidelines. ▪ Monitor study participants progress and adjust support strategies as needed to address challenges and encourage motivation to quit smoking. ▪ Organise the collection of CO readings by working closely with the study support workers employed locally at study sites ▪ Organise the dispensing of NRT products, e cigarettes and related paraphernalia to study participants and ensure relevant policies and procedures are adhered to. ▪ Liaise with GP's to organise pharmacotherapies for participants in the study as appropriate. ▪ Work flexibly to provide continuity of service and meet service needs. ▪ Maintain accurate records. 	90%

	<ul style="list-style-type: none"> To continue to develop skills in and knowledge of stop smoking interventions, particularly for smokers aged over 55. 	
3	Other: <ul style="list-style-type: none"> Any duties appropriate to the grade and level of the post 	10%

Person specification

	Essential	Desirable
Skills	<ul style="list-style-type: none"> Excellent communication skills. Able to quickly build a rapport. Able to empathise with study participants and communicate in a non-judgmental way. Ability to build relationships and collaborate with others, internally and externally Ability to provide individually tailored support according to the needs of a particular patient and their circumstances. Competent using applications in the Microsoft Office suite Excellent record-keeping skills with a high level of attention to detail. Evidence of a high degree of personal initiative, responsibility and self-motivation, with a proactive approach to problem solving Evidence of excellent organisational, planning and time management 	<ul style="list-style-type: none"> Demonstrable understanding of statutory Clinical Trial regulations, GCP and research governance requirements.
Knowledge and experience	<ul style="list-style-type: none"> Proven experience in delivering a high standard of NCSCT smoking cessation interventions. Understanding of motivational interviewing and behavior change techniques 	<ul style="list-style-type: none"> Experience of working within Lung Health Checks/lung cancer screening Experience of working with people who smoke and may find it particularly challenging to quit

	<ul style="list-style-type: none"> Up to date knowledge of nicotine replacement therapies, pharmacotherapies and e - cigarettes. 	
Qualifications, certification and training (relevant to role)	<ul style="list-style-type: none"> A HNC, HND OR NCSCT or equivalent qualification/certification, OR Broad vocational experience in a relevant health or counselling field. 	
Statutory, legal or special requirements	<ul style="list-style-type: none"> Satisfactory basic disclosure from the Disclosure and Barring Service Willingness to travel to Nottingham to attend team meetings. 	
Other	<ul style="list-style-type: none"> Adopting and delivering to the School of Medicine's Professional Services Service Excellence Standards Willingness to adopt the vision and values of the School of Medicine. 	



Expectations and behaviours

The University has developed a clear set of core expectations and behaviours that our people should be demonstrating in their work, and as ambassadors of the University's strategy, vision and values. The following are essential to the role:

- Valuing people** Is friendly, engaging and receptive, putting others at ease. Actively listens to others and goes out of way to ensure people feel valued, developed and supported.
- Taking ownership** Is clear on what needs to be done encouraging others to take ownership. Takes action when required, being mindful of important aspects such as Health & Safety, Equality, Diversity & Inclusion, and other considerations.
- Forward thinking** Drives the development, sharing and implementation of new ideas and improvements to support strategic objectives. Engages others in the improvement process.
- Professional pride** Is professional in approach and style, setting an example to others; strives to demonstrate excellence through development of self, others and effective working practices.
- Always inclusive** Builds effective working relationships, recognising and including the contribution of others; promotes inclusion and inclusive practices within own work area.

Key relationships with others

