Role profile

Job title
Sports Physiotherapist / Sports Rehabilitator

Job family and level
Administrative, Professional and Managerial Level 4

School/Department
University of Nottingham Sport

Location
David Ross Sports Village

Purpose of role
To deliver physiotherapy / sports rehabilitation to gym members, the wider university staff and students as well as the general public.
To deliver sports physiotherapy / sports rehabilitation support to University Sports Scholars, BUCS Premier League players and First Team players.
To deliver sports physiotherapy / sports rehabilitation support to TASS athletes.
To assist the Clinic Lead Physiotherapist with service development.
To support the delivery of physiotherapy / Sports Rehabilitation services at the new Human Performance Clinic in the David Ross Sports Village, with specific responsibility for patient treatment, diagnosis and rehabilitation.
To advise and assist the assessment of athletes with regard to their fitness and injury status in relation to their fitness to train or play.
To maintain on-going communication with colleagues to support best practice, including but not limited to: Strength and conditioning coaches, other clinical staff, lead performance coaches, Cripps health centre and other University sports staff.

Main responsibilities
(Primary accountabilities and responsibilities expected to fulfil the role)

<table>
<thead>
<tr>
<th>Support service development</th>
<th>% time per year</th>
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<tr>
<td>Work with key partners including the NHS, local/regional elite sports clubs and community organizations to deliver outstanding therapy provision.</td>
<td>50 %</td>
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<td>Work with internal academic departments to integrate clinical education into Physiotherapy / sports rehabilitation delivery, ensuring quality standards are met.</td>
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<td>Deliver clinical supervision as required</td>
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<td>To respond to national health policy and initiatives within the framework of clinical governance, including clinical effectiveness, evidence based practice, research and development issues</td>
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<td>Deliver clinical sessions in the hydrotherapy pool to maximize its contribution to the clinic.</td>
<td>50 %</td>
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- Design and implement group rehabilitation sessions both in the pool and on land.
- To manage purchase, protection, maintenance and repair of equipment as appropriate
- Work with the Cripps Health Centre Medical Team to support the provision of general Physiotherapy / sports rehabilitation support to the practice as required by the Clinical lead physiotherapist.
- Support relevant research activity involving the clinic that meets its strategic aims
- Ensure work is carried out within the agreed budget.

**Clinical Practice**

- To be professionally and legally accountable as an autonomous professional for all aspects of own work and that delegated to staff, students and others.
- To manage a personal caseload using advanced therapeutic assessment for patients who may have complex and diverse presentations, determine clinical diagnosis and plan appropriate management and treatment using advanced clinical reasoning skills and a wide range of therapeutic techniques
- To provide clinical triage of patients with complex conditions as required
- To be an expert practitioner and act as a role model to staff to empower and develop team members skills
- To be responsible for ensuring a good working environment in which patients receive a high standard of care.
- To promote a high standard of clinical care using evidence based practice, keeping up to date with clinical developments & current research and supporting a learning culture within the team
- To promote quality and service improvement, monitoring activity levels and implementing clinical audit.
- To complete clinical records to HCPC / BASRaT and other relevant standards
- To develop and maintain effective communication within the team and other healthcare professionals.
- To work within the Universities’ Policies and Procedures, clinical and HCPC / BASRaT guidelines and to have a good working knowledge of national and local standards and guidelines to monitor own and others quality of practice as appropriate.
- Adhere to appropriate governing body standards including but not limited to HCPC, CSP, CQC and BASRaT.

**Performance support**

- Work closely with the University Coaching Team, delivering Physiotherapy / sports rehabilitation support to Scholars, BUSS athletes, staff, students and other customers of the Sports Injury Clinic as required.
- Planning & oversight of treatment programmes to maximize player performance
- Deliver outstanding support for performance athletes across a wide range of sports

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<th>2</th>
<th>30%</th>
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<td>3</td>
<td>30%</td>
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- Liaise with a multi-disciplinary team of practitioners to deliver diagnosis, intervention and rehabilitation services to identified groups of performance athletes.
- Work in tandem with the Strength and Conditioning team to deliver effective processes and data provision to ensure smooth transition and integration between rehabilitation and S&C training.
- Ensure compliance with UKS & NGB guidelines and regulations in connection with the delivery of Physiotherapy/ sports rehabilitation support to athletes.
- Liaise with the Sports Injury Clinic Team to ensure appropriate provision of equipment and staff at BUCS competitions.
- Attend identified training sessions, events & matches as required in liaison with the Clinical lead Physiotherapist.

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<th>4</th>
<th>Marketing</th>
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<tbody>
<tr>
<td>- Assist the Clinic Lead Physiotherapist with Marketing, promote any physiotherapy activity on an ongoing basis to generate profile where appropriate</td>
<td>2%</td>
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<th>5</th>
<th>Health and Safety</th>
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<td>- To work within the University Health and Safety framework</td>
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<td>- To carry out clinical risk assessment in own area of work and ensure there is effective risk management of clinical areas.</td>
<td>5%</td>
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<th>Other</th>
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<tr>
<td>- Develop positive collaborative relationships with other key university departments e.g. academic departments</td>
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<td>- Contribute towards raising the University’s sporting profile through representation on local, regional, national and international forums where relevant.</td>
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<td>- Any other duties in line with the role grade</td>
<td>3%</td>
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## Person specification

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<th>Skills</th>
<th>Essential</th>
<th>Desirable</th>
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|        | - Self-motivated and able to work as an effective team member  
|        | - To be flexible, forward thinking and committed to practise development.  
|        | - High level organisational and planning skills.  
|        | - Excellent interpersonal skills.  
|        | - Analytical skills, with a solution focussed and innovative approach to problem solving.  
|        | - Committed to providing a high level of customer service.  
|        | - Clinical educator  
|        | - Understanding of relevant Health and Safety legislation |

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<th>Knowledge and experience</th>
<th>Essential</th>
<th>Desirable</th>
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|                          | - Knowledge of evidence based practise.  
|                          | - Specialist knowledge of musculoskeletal and Sports injuries underpinned by theory.  
|                          | - Experience at NHS Band 6 level or above in management of musculoskeletal pathology or equivalent experience in private practice.  
|                          | - Varied rotational experience.  
|                          | - Ability to teach and pass on knowledge.  
|                          | - Experience of service evaluation and standard setting.  
|                          | - Evidence of ability to work proactively with a high level of initiative.  
|                          | - Experience of working with performance athletes.  
|                          | - Experience of working with multidisciplinary practitioners in an athletic setting.  
|                          | - Experience of working within an Higher Education sports environment.  
|                          | - Passion for and belief in student sport.  
|                          | - Experience of working with sporting institutions such as EIS, TASS or National Governing bodies of Sport.  |

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<th>Qualifications, certification and training (relevant to role)</th>
<th>Essential</th>
<th>Desirable</th>
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|                                                               | - BSc/Diploma in Physiotherapy, Sports Rehabilitation or equivalent.  
|                                                               | - A track record of CPD throughout career  
|                                                               | - MACP qualification and/or Bronze, Silver or Gold membership of ACPSM  
|                                                               | - Aquatic Physiotherapy qualification.  
|                                                               | - Pilates  
|                                                               | - Acupuncture  
|                                                               | - Emergency Pitch side qualification |

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<th>Statutory/legal</th>
<th>Essential</th>
<th>Desirable</th>
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|                 | - HCPC registration or equivalent  
|                 | - CSP / BASRaT registered or equivalent |
The University strongly endorses Athena SWAN principles, with commitment from all levels of the organisation in furthering women’s careers. It is our mission to ensure equal opportunity, best working practices and fair policies for all.

Expectations and behaviours

The University has developed a clear set of core expectations and behaviours that our people should be demonstrating in their work, and as ambassadors of the University’s strategy, vision and values. The following are essential to the role:

**Valuing people**
Is always equitable and fair and works with integrity. Proactively looks for ways to develop the team and is comfortable providing clarity by explaining the rationale behind decisions.

**Taking ownership**
Is highly self-aware, looking for ways to improve, both taking on board and offering constructive feedback. Inspires others to take accountability for their own areas.

**Forward thinking**
Driven to question the status quo and explore new ideas, supporting the team to “lead the way” in terms of know-how and learning.

**Professional pride**
Sets the bar high with quality systems and control measures in place. Demands high standards of others identifying and addressing any gaps to enhance the overall performance.

**Always inclusive**
Ensures accessibility to the wider community, actively encouraging inclusion and seeking to involve others. Ensures others always consider the wider context when sharing information making full use of networks and connections.
Key relationships with others

Line manager

Role holder

Key stakeholder relationships

Clinic Lead Physiotherapist

Sports Physiotherapist / Sports Rehabilitator

Sports department staff

Colleagues

Students / Academic departments