

<b>M</b>	<b>T</b>	<b>W</b>	<b>T</b>	<b>F</b>	<b>S</b>	<b>S</b>		
<b>R</b>	<b>R</b>	<b>*N</b>	<b>*N</b>	<b>*N</b>	<b>*N</b>	<b>*N</b>	<b>36¼ HRS</b>	<b>29 HRS IF FRD</b>
<b>*N</b>	<b>*N</b>	<b>R</b>	<b>R</b>	<b>A</b>	<b>*A</b>	<b>*A</b>	<b>36¼ HRS</b>	<b>29 HRS IF FRD</b>
<b>A</b>	<b>A</b>	<b>A</b>	<b>A</b>	<b>R</b>	<b>R</b>	<b>*E</b>	<b>36¼ HRS</b>	<b>29 HRS IF FRD</b>
<b>*E</b>	<b>*E</b>	<b>*E</b>	<b>*E</b>	<b>*E</b>	<b>E*</b>	<b>R</b>	<b>43½ HRS</b>	<b>36¼ HRS IF FRD</b>

**All shifts include a 45 minute unpaid meal break to ensure an average working week of 36¼ hours.**

**N = 11pm – 7am**

**A = 3pm – 11pm**

**E = 7am – 3pm**

**R = Rest Day**

**\* Choice of Floating Rest Day (FRD)**

**N.B. All staff will still be required to work any shift as published in the duty roster. Some shift changes will be inevitable although they will usually be for Graduations, Open Days and providing evening lock down cover, eg. night shifts may be changed to a 6pm–2am shift.**